

## NEW HAMPSHIRE



<https://www.nh.gov/index.htm> click on this website for more information @ New Hampshire

### MAJOR CITIES:

Middle New Hampshire  
West New Hampshire  
East New Hampshire  
South New Hampshire

Franklin, Concord, Manchester  
Hanover, Lebanon, Keene  
Conway, Dover, Portsmouth  
Nashua

### NEW HAMPSHIRE – CLIMATE

New Hampshire experiences a [humid continental climate](#) ([Köppen climate classification](#) *Dfa* in some southern areas, *Dfb* in most of the state, and *Dfc* Subarctic in some northern highland areas), with warm, humid summers, and long, cold, and snowy winters. Precipitation is fairly evenly distributed all year. The climate of the southeastern portion is moderated by the [Atlantic Ocean](#) and averages relatively milder winters (for New Hampshire), while the northern and interior portions experience colder temperatures and lower humidity. Winters are cold and snowy throughout the state, and especially severe in the northern and mountainous areas. Average annual snowfall ranges from 60 inches (150 cm) to over 100 inches (250 cm) across the state.<sup>[25]</sup>

Average daytime highs are in the mid 70s°F to low 80s°F (around 24–28 °C) throughout the state in July, with overnight lows in the mid 50s°F to low 60s°F (13–15 °C). January temperatures range from an average high of 34 °F (1 °C) on the coast to overnight lows below 0 °F (–18 °C) in the far north and at high elevations. Average annual precipitation statewide is roughly 40 inches (100 cm) with some variation occurring in the [White Mountains](#) due to differences in elevation and annual snowfall. New Hampshire's highest recorded temperature was 106 °F (41 °C) in [Nashua](#) on July 4, 1911, while the lowest recorded temperature was –47 °F (–44 °C) atop [Mount Washington](#) on January 29, 1934. Mount Washington also saw an unofficial –50 °F (–46 °C) reading on January 22, 1885, which, if made official, would tie the all-time record low for New England (also –50 °F (–46 °C) at [Big Black River](#), Maine, on January 16, 2009, and [Bloomfield, Vermont](#) on December 30, 1933).

**CULTURAL ACTIVITIES** [Fort Constitution Historic Site](#) was built in the early 19th century and used during the War of 1812. The ruins of the fort are now located in a state park and can be visited today on New Castle Island near Portsmouth.

[Museum of New Hampshire History](#) in Concord has exhibitions, educational programs and events about the heritage and traditions of New Hampshire.

The [Robert Frost Homestead](#) is a farm where Frost and his family lived from 1900-1911 and many poems from Frost have been associated with the area. Visitors can take tours, view exhibits and listen to poetry readings at the farm, which is now a state park.

[Tip Top House](#) at Mountain Washington State Park is a former hotel built in 1853 and now on the National Register of Historic Places. The house is open from May to October. Mount Washington State Park is accessible by car, many hiking trails and the [Mountain Washington Cog Railway](#).

[White Island Historic Site](#) is home to the White Island Lighthouse, an important historical landmark in New England first built in 1820. The island and lighthouse can be seen on one of many [island cruises](#) departing from the Portsmouth area.

## *Tour Companies*

- [NH Bike Tours](#)
- [North Woods Rafting](#)
- [Osprey Fishing Adventures](#)
- [Outdoor Escapes New Hampshire](#)
- [Raft NH](#)
- [Still Waters Run Deep](#) Kayaking, Hiking and Snowshoe Tours


## *Tourism Websites*




- [Visit New Hampshire](#)
- [Hampton Beach](#)
- [Facebook - Hampton Beach](#)

## GROCERY SHOPPING

Valuland Food Stores Whole Foods Hannaford A&P Food Stores	IGA Markets Aldi Market Basket Trader's Joe
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## SHOPPING <http://www.mallseeker.com/newhampshiremalls.aspx>

Click any mall name for directions, mall hours, store listing, & more. -- Click  to sort column.

Area 	City 	Mall 
Central NH	Concord NH	<a href="#">Steeplegate Mall</a>
Central NH	Manchester NH	<a href="#">Mall of New Hampshire</a>
Central NH	Tilton NH	<a href="#">Tanger Outlets of Tilton NH</a>
Southern NH	Merrimack NH	<a href="#">Merrimack Premium Outlets</a>
Southern NH	Nashua NH	<a href="#">Pheasant Lane Mall</a>
Southern NH	Newington NH	<a href="#">The Mall at Fox Run</a>
Southern NH	Salem NH	<a href="#">The Mall at Rockingham Park</a>

### Border State Malls - within 20 miles of NH

Distance from NH	Area	City	Mall
18 miles	Boston	Burlington MA	<a href="#">Burlington Mall</a>
4 miles	Boston	Methuen MA	<a href="#">The Loop</a>
15 miles	Central MA	Leominster MA	<a href="#">The Mall at Whitney Field</a>
3 miles	South ME - Kittery	Kittery ME	<a href="#">The Kittery Outlets</a>
2 miles	South ME - Kittery	Kittery ME	<a href="#">The Kittery Outlets</a>
2 miles	South ME - Kittery	Kittery ME	<a href="#">Kittery Premium Outlets</a>

## **PHARMACIES**

Walgreens

CVS Pharmacy

Rite Aid

Hannaford Brothers

Wal-Mart

## **POST OFFICES/SHIPPING**



<http://www.postofficehours.net/state/NH.html>

click here for more information



<http://local.fedex.com/nh/>

click here for more information



[https://www.ups.com/dropoff?loc=en\\_US](https://www.ups.com/dropoff?loc=en_US)

click here for more information

## **TIME ZONES**

**New Hampshire Time Zone – New Hampshire Current Local Time - Daylight Saving Time**

Eastern Daylight Time Zone

[http://localtimes.info/North\\_America/United\\_States/New\\_Hampshire/](http://localtimes.info/North_America/United_States/New_Hampshire/)

## **COST OF LIVING IN NEW HAMPSHIRE**

Cost of Living	New Hampshire, NH	United States
<a href="#">Overall</a>	118	100
<a href="#">Grocery</a>	102.4	100
<a href="#">Health</a>	113	100
<a href="#">Housing</a>	125	100
<a href="#">Utilities</a>	126	100
<a href="#">Transportation</a>	103	100
<a href="#">Miscellaneous</a>	128	100

Our cost of living indices are based on a US average of 100. An amount below 100 means New Hampshire, NH is cheaper than the US average. A cost of living index above 100 means New Hampshire, NH is more expensive.

Overall, New Hampshire, NH cost of living is 117.90.

[http://www.bestplaces.net/cost\\_of\\_living/state/newhampshire](http://www.bestplaces.net/cost_of_living/state/newhampshire)

click here for more information

## **MINIMUM WAGE**

State	2018 Minimum Wage	2018 Tipped Wage
NH	\$7.25	\$3.26

<https://www.dol.gov/whd/minwage/america.htm#stateDetails>

click here for more information

## **WORKMAN'S COMPENSATION**

<https://www.nh.gov/labor/workers-comp/>

click here for more information

## **TRANSPORTATION SERVICES**

Advance Transit

Cart Transportation

Cooperative Alliance for Seacoast Transportation

<https://www.nh.gov/dot/org/aerorailtransit/railandtransit/transit.htm>

click here for more information