



CALIFORNIA



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MAJOR CITIES:

Central CALIFORNIA
 North CALIFORNIA
 South CALIFORNIA

San Jose, San Francisco, Stockton, Modesto
 Eureka, Redding, Red Bluff
 Bakersfield, Los Angeles, San Diego

CALIFORNIA – CLIMATE

California's climate varies widely, from Mediterranean to subarctic, depending on latitude, elevation, and proximity to the coast. Coastal and Southern parts of the state have a Mediterranean climate, with somewhat rainy winters and dry summers. The influence of the ocean generally moderates temperature extremes, creating warmer winters and substantially cooler summers, especially along the coastal areas.

The cool California Current offshore, enhanced by upwelling of cold sub-surface waters, often creates summer fog near the coast, creating a moderate oceanic climate (Köppen climate classification *Cfb*) on the northern coast and a moderate Mediterranean climate (Köppen *Csb*) from about Cape Mendocino southward. Further inland, the climate becomes more continental, with some areas turning semi-arid (Köppen *BSk*), with colder winters and markedly hotter summers. Low-lying inland valleys, especially the Central Valley, have a hot Mediterranean climate (Köppen *Csa*), with subtropical temperatures but a well-defined summer dry season and cool, foggy, rainy season.

The temperature gradient between immediate coast and low-lying inland valleys in the south is about 7 °F (4 °C) in winter (the coast being warmer) and in summer roughly 25 °F (14 °C) (the interior being warmer). One exception is worth noting - during the cooler winter months (Oct-Mar) the Coachella Valley, in the far southeastern corner of the State, constantly has the warmest winter temperatures out of any place west of the Rocky Mountains. Palm Springs, a city in the Coachella Valley, averages high/low/mean temperatures of 75°F/50°F/63°F, (24°C/10°C/17°C) respectively during the period of cooler weather from Nov. to Apr.^[1] The temperature difference is most dramatic nearer the coast. For example, the average daily high in San Francisco in July and August is 72 °F (22 °C), and in Walnut Creek, some 20 miles (32 km) inland, the average daily high in July and August is 90 °F (32 °C); a temperature gain of approximately one degree (Fahrenheit) per mile.^[2] In the south, the figures are approximately 4 °F and 23 °F (2 °C and 13 °C), respectively. At the Santa Monica coast, the average high in August is 75 °F (24 °C), while in Burbank, approximately 10 miles (16 km) inland, the average high in August is 90 °F (32 °C); a temperature gain over one degree per mile.^[3] The temperature gradient is most extreme between Santa Barbara and Death Valley, with temperatures between the two differing by 4 °F and 35 °F (2 °C and 20 °C) in the winter and summer. The extreme southwest, around San Diego, has a semi-arid warm steppe climate (Köppen *BSh*) as winters are drier there. In San Bernardino the winters get a low of 30 °F (−1 °C) and in the summers a high of 109 °F (43 °C), because

of this the weather is considered temperate since it is about 70 miles (110 km) inland from the Pacific Ocean in Southern California.

The southeastern regions have a hot arid climate (Koppen *BWh*), similar to that of the Sahara Desert. In the northern portion of the Mojave Desert on the east side of the state is Death Valley, which is the hottest spot in the world. It is common in the summer for temperatures in the valley to reach 120 °F (49 °C). The highest reliably recorded temperature in the world,^{[4][5]} 134 °F (57 °C), was recorded in Death Valley on July 10, 1913. Temperatures of 130 °F (54 °C) or higher have been recorded as recently as 2005. The 24-hour average July temperature in Death Valley is 101.8 °F (38.8 °C) (1981-2010 NCDC Normals).

High and Low Average Temperatures in Various Cities in California expressed in Fahrenheit and (Celsius) degrees

City	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
<u>Bakersfield</u>	57/39 (14/4)	64/42 (18/6)	70/46 (21/8)	76/49 (24/9)	84/57 (29/14)	92/63 (33/17)	98/69 (37/21)	96/68 (36/20)	91/63 (33/17)	80/54 (27/12)	66/44 (19/7)	57/38 (14/3)
<u>Eureka</u>	56/42 (13/6)	57/43 (14/6)	57/43 (14/6)	58/45 (14/7)	61/48 (16/9)	63/51 (17/11)	64/53 (18/12)	65/54 (18/12)	64/51 (18/11)	62/48 (17/9)	58/44 (14/7)	55/41 (13/5)
<u>Fresno</u>	55/39 (13/4)	62/42 (17/6)	68/46 (20/8)	75/49 (24/9)	84/56 (29/13)	92/62 (33/17)	99/68 (37/20)	97/66 (36/19)	91/61 (33/16)	79/53 (26/12)	65/44 (18/7)	55/38 (13/3)
<u>Los Angeles</u>	69/50 (21/10)	69/51 (21/11)	71/53 (22/12)	73/55 (23/13)	75/59 (24/15)	79/62 (26/17)	84/65 (29/18)	85/66 (29/19)	84/65 (29/18)	79/60 (26/16)	73/54 (23/12)	68/49 (20/9)
<u>Sacramento</u>	54/39 (12/4)	61/42 (16/6)	66/44 (19/7)	72/47 (22/8)	80/51 (27/11)	87/56 (31/13)	92/59 (33/15)	92/58 (33/14)	88/56 (31/13)	78/51 (26/11)	64/43 (18/6)	54/39 (12/4)
<u>San Bernardino</u>	62/34 (17/1)	66/37 (19/3)	70/43 (21/6)	73/46 (23/8)	79/48 (26/9)	87/56 (31/13)	98/62 (37/17)	100/64 (38/18)	94/62 (34/17)	83/55 (28/13)	73/47 (23/8)	63/37 (19/3)
<u>San Francisco</u>	58/46 (14/8)	61/48 (16/9)	63/49 (17/9)	64/50 (18/10)	66/52 (19/11)	68/53 (20/12)	68/55 (20/13)	69/56 (21/13)	71/56 (22/13)	70/54 (21/12)	64/51 (18/11)	58/47 (14/8)
<u>San Jose</u>	61/42 (16/6)	64/45 (18/7)	67/46 (19/8)	73/48 (23/9)	77/52 (25/11)	82/55 (28/13)	84/57 (29/14)	84/57 (29/14)	81/56 (27/13)	76/52 (24/11)	65/45 (18/7)	61/42 (16/6)
<u>South Lake Tahoe</u>	42/16 (6/-9)	43/18 (6/-8)	48/23 (9/-5)	53/27 (12/-3)	63/33 (17/1)	72/37 (22/3)	80/42 (27/6)	80/41 (27/5)	73/35 (23/2)	62/29 (17/-2)	50/22 (10/-6)	42/17 (6/-8)

The large Westerly winds from the oceans also bring moisture, and the northern parts of the state generally receive higher annual rainfall amounts than the south. California's mountain ranges influence the climate as well: moisture-laden air from the west cools as it ascends the mountains, dropping moisture; some of the rainiest parts of the state are west-facing mountain slopes. Northwestern California has a temperate climate with rainfall of 15 inches (380 mm) to 50 inches (1,300 mm) per year. Some areas of Coast Redwood forest receive over 100 inches (2,500 mm) of precipitation per year.

The Central Valley has a wide range of precipitation. The northern parts of the Central Valley receive substantially greater precipitation from winter storms which sweep down from the Pacific Northwest, while the southernmost regions of the Central Valley are near desert-like because of a lack of precipitation. Parts of the Valley are occasionally filled with thick fog (known locally as "tule fog").

The high mountains, including the Sierra Nevada, the Cascade Range, and the Klamath Mountains, have a mountain climate with snow in winter and mild to moderate heat in summer. Ski resorts at Lake Tahoe, Mammoth Lakes, and Mount Shasta routinely receive over 10 feet (3.0 m) of snow in a season, and some years, substantially more – leading, for example, to annual ski races on the Fourth of July.

On the east side of the mountains is a drier rain shadow. California's desert climate regions lie east of the high Sierra Nevada and Southern California's Transverse Ranges and Peninsular Ranges. The low deserts east of

the southern California mountains, including the Imperial and Coachella valleys and the lower Colorado River, are part of the Sonoran Desert, with hot summers and nearly frostless mild winters; the higher elevation deserts of eastern California, including the Mojave Desert, Owens Valley, and the Modoc Plateau, are part of the Great Basin region, with hot summers and cold winters. During the summer months, especially from July through early September, the region is affected by the Mexican Monsoon (also called the "southwest monsoon"), which drives moisture from the tropical Pacific, Gulf of California, and/or Gulf of Mexico into the deserts, setting off brief, but often torrential thunderstorms, particularly over mountainous terrain.

Despite its long coastline, California is not vulnerable to tropical cyclones. Because of the cold California Current from the North Pacific Ocean and the fact that the storms tend to "steer" West, California has only been hit with two tropical storms in recorded history, a storm which came ashore in 1939 and dumped heavy rainfall on the Los Angeles Area and interior deserts and Tropical Storm Nora. The remnants of tropical systems will affect California more commonly, every several years.

The ENSO cycle has a huge effect on rainfall and snowfall patterns in California, especially during the winter and spring seasons. During the El Niño phase, the jet stream is located south through California, allowing for warmer temperatures and more heavy rains to occur, particularly in the southern portions of the state. During the La Niña phase, the jet stream is much further north, and therefore the far northern portions of California are wetter, while the southern half stays cool and dry.

<http://www.accuweather.com/en/us/ca/california-weather> click here for more information on climate in CALIFORNIA.

CULTURAL ACTIVITIES – CALIFORNIA

http://www.tripadvisor.com/Attractions-g32952-Activities-Redding_California.html

http://www.tripadvisor.com/Attractions-g33020-Activities-San_Jose_California.html

http://www.tripadvisor.com/Attractions-g60713-Activities-San_Francisco_California.html

http://www.tripadvisor.com/Attractions-g32363-Activities-Eureka_California.html

http://www.tripadvisor.com/Attractions-g32655-Activities-Los_Angeles_California.html

http://www.tripadvisor.com/Attractions-g33130-Activities-Stockton_California.html

http://www.tripadvisor.com/Attractions-g60750-Activities-c45-San_Diego_California.html

http://www.tripadvisor.com/Attractions-g32037-Activities-Bakersfield_California.html

http://www.tripadvisor.com/Attractions-g32724-Activities-Modesto_California.html

- **Sacramento River Trail – Redding**

Designated as a National Recreation Trail by the U.S. National Park Service, this scenic trail offers hiking, biking and horseback riding within the boundaries of a lively city.

- **Japantown – San Jose**

Japantown is one of three remaining Japantowns in America. It is a collection of Japanese community organizations, stores, restaurants, and other businesses. The focus of the community to continue the cultural and historical perspectives of a multi-ethnic Japantown. Several festivals are held each year in the area. There is also a self-paced walking tour that you can take to see the churches and historic places in the community.

- **San Francisco Bay – San Francisco**

Offers hiking and biking along its shores, paddling and sailing on top of its surface, and bird-watching and exploring among its wetlands.

- **Carson Mansion – Eureka**

You can't come through Northern California (no, not San Francisco) without seeing this beautiful building. I'm very proud of my community even though it's been through better times. This Mansion represents the soul of Humboldt County, proud and unique and independent.

- **Los Angeles Zoo and Botanical Gardens**

The Los Angeles Zoo and Botanical Gardens opened on November 28, 1966. The Zoo is home to more than 1,100 mammals, birds, amphibians and reptiles representing more than 250 different species of which 29 are endangered. In addition, the Zoo's botanical collection comprises several planted gardens and over 800 different plant species with over 7,400 individual plants.

- **Little Manila – Stockton**

Three buildings remain of what was once the largest thriving Filipino community in the United States. The history of Filipinos in Stockton extended much greater than these three buildings. Little Manila once spanned more than four city blocks, and only these three original buildings, the Iloilo Circle and the Dimasalang House, and the Daguhoy Lodge remain. Since so much of our physical history has been bulldozed, we need places that connect us to our past. To see historical buildings, touch their walls, and share the space in which our foreparents lived, partied, slept, ate, planned, worked, and fought to make a better life is to experience part of them. People travel and visit historic neighborhoods, because it is a much more meaningful experience than to look at old pictures, only to wish the buildings and neighborhood still existed. To preserve our past is to connect with our early story as Filipino Americans. It is a story of love, sacrifice and hope.

- **La Jolla Shores – San Diego**

Mile-long beach features gentle waves during the summer months, making this spot a prime spot for novice scuba divers.

- **Camelot Park – Bakersfield**

With tons of entertainment to choose from for your entire family, Camelot Park offers something for the kid in all of us, including miniature golf, go-karts, arcade, batting cages, and more! Camelot Park is the ideal location for birthday parties, family group events, or just an afternoon of fun.

- **Stanislaus River Rafting – Modesto**

Stanislaus River Rafting on the Stanislaus River is a great way to cool down in the summer months. Full day trips start at \$20 and are family friendly. Over eight miles of class I-II rapids!

GROCERY SHOPPING

Wal-Mart Supercenters Vons Sprout's Farmers Market Whole Foods Market WinCo Foods	The Kroger Company Lucky Supermarket Ralphs Safeway
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http://california.usl.myareaguide.com/grocery_stores.html

Click on this site for more grocery stores in California.

SHOPPING

Central CA Bakersfield CA [Valley Plaza Mall](#)

Central CA Fresno CA [Fashion Fair](#)

Central CA Fresno CA [Manchester Center](#)

L.A. Area Long Beach CA [Long Beach Towne Center](#)

L.A. Area Los Angeles CA [Baldwin Hills Crenshaw Plaza](#)

L.A. Area Los Angeles CA [Beverly Center](#)

L.A. Area Los Angeles CA [Eagle Rock Plaza](#)

L.A. Area Los Angeles CA [The Grove](#)

L.A. Area Los Angeles CA [The Promenade at Howard Hughes Center](#)

L.A. Area Los Angeles CA [Westside Pavilion](#)

L.A. Area Malibu CA [Malibu Lumber Yard](#)

L.A. Area San Bernardino CA [Inland Center](#)

L.A. Area Santa Ana CA [Westfield MainPlace Shopping Centre](#)

L.A. Area Santa Barbara CA [La Cumbre Plaza](#)

L.A. Area Santa Barbara CA [Paseo Nuevo](#)

L.A. Area Santa Monica CA [Santa Monica Place](#)

Northern CA Citrus Heights CA [Sunrise Marketplace](#)

Northern CA Eureka CA [Bayshore Mall](#)

Northern CA Sacramento CA [Arden Fair](#)

Northern CA Sacramento CA [Country Club Plaza](#)

Northern CA Sacramento CA [Pavilions](#)

Northern CA Sacramento CA [Sacramento Downtown Plaza](#)

Northern CA Sacramento CA [Sacramento Gateway](#)

SF Bay area San Francisco CA [Metreon Shopping Centre](#)

SF Bay area San Francisco CA [Stonestown Galleria](#)

SF Bay area San Francisco CA [Westfield San Francisco Centre Shopping Centre](#)

SF Bay area San Jose CA [Almaden Plaza Shopping Center](#)

SF Bay area San Jose CA [Eastridge](#)

SF Bay area San Jose CA [Santana Row](#)

SF Bay area San Jose CA [Westfield Oakridge Shopping Centre](#)

SF Bay area San Jose CA [Westgate Mall](#)

Southern CA San Diego CA [Clairemont Town Square Shopping Center](#)

Southern CA San Diego CA [Fashion Valley](#)

Southern CA San Diego CA [Las Americas Premium Outlets](#)

Southern CA San Diego CA [Seaport Village](#)

Southern CA San Diego CA [Westfield Mission Valley Shopping Centre](#)

Southern CA San Diego CA [Westfield UTC Shopping Centre](#)

<http://www.mallseeker.com/californiamalls.aspx>

Click here for more information on shopping.

PHARMACIES

Walgreens

Target

Lucky Pharmacy

Rite Aid

Wal-Mart

<http://www.superpages.com/yellowpages/C-Pharmacies/S-CA/>

Click here for locating other pharmacies in California.

POST OFFICES/SHIPPING



<http://www.postofficehours.net/state/CA.html> Click here for more information



<http://local.fedex.com/ca/> Click here for more information



https://www.ups.com/dropoff?loc=en_US click here for more information

TIME ZONES

California Time Zone – California Current Local Time - Daylight Saving Time

California is in Pacific Daylight Time

http://localtimes.info/North_America/United_States/California/

Click here for more information

COST OF LIVING IN CALIFORNIA

Cost of Living	California, CA	United States
Overall	152	100
Grocery	113.9	100
Health	108	100
Housing	242	100
Utilities	110	100
Transportation	111	100
Miscellaneous	107	100

Our cost of living indices are based on a US average of 100. An amount below 100 means California, CA is cheaper than the US average. A cost of living index above 100 means California, CA is more expensive.

Overall, California, CA cost of living is 152.30

http://www.bestplaces.net/cost_of_living/state/california

Click here for more information

MINIMUM WAGE

State	2018 Minimum Wage	2018 Tipped Wage
CA	\$11.00	\$11.00

<https://www.dol.gov/whd/minwage/america.htm#stateDetails>
click here for more information

WORKMAN'S COMPENSATION

<http://www.dir.ca.gov/dwc/>
Click here for more information

TRANSPORTATION SERVICES

L.A. County MTA – Los Angeles
Sacramento RTD/UC Davis Unitrans -- Sacramento
San Diego MTDB/Transit/Trolley – San Diego
AC Transit/Caltrain/Golden Gate Transit – San Francisco area
Monterey-Salinas Transit – Monterey area

<http://www.apta.com/aptasearchcenter/results.aspx?k=california>
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